

# CAUX INNER DEVELOPMENT GOALS FORUM

#CauxIDG



**28 July - 1 August 2025**

Caux Palace, Caux near Montreux/Switzerland

## Navigating Our New World: Inner Development for Global Action

In a time of profound global shifts, how do we navigate uncertainty, build resilience, connect across divides and drive meaningful change? The **Caux Inner Development Goals Forum 2025** invites leaders, changemakers, and organizations from around the world to explore these urgent questions through a transformative journey of inner development for global action.

This immersive five-day experience fosters deep connection, inner-reflection, and collective action guided by U-theory, Initiatives of Change inner reflection practices, academic research and indigenous wisdom. Participants will engage in dialogues, workshops, and mindfulness practices designed to **strengthen leadership, bridge divides, and create lasting impact**.

### Join the Forum Journey:

- DAY 1 | Welcome & Connection – Arriving with intention: grounding in nature, self, and community
- DAY 2 | Sensing Reality – Engaging diverse perspectives to understand systemic global challenges
- DAY 3 | Presencing & Inspiration – Cultivating self-awareness and aligning purpose with action
- DAY 4 | Co-Creating the Future – Collaborative spaces for sustainable change and collective action
- DAY 5 | Closing the Loop – Reflection, commitment, and pathways for continued impact

Join us in Caux, Switzerland, **to be inspired, contribute and co-create** with a global community committed to shaping a more resilient and compassionate world.

### Be part of the transformation!



### Interested?

Scan here for more details and registration

## The Organisers

The **Caux IDG Forum 2025** brings together Caux Initiatives of Change, the Inner Development Goals (IDG) Foundation, and Initiatives of Change International to foster trust, care, and respect through transformative methodologies.

The **IDG Framework**, an open-source tool, equips individuals with science-backed skills for purposeful, sustainable living. **Initiatives of Change** unites a global movement committed to societal transformation by starting with personal change for a just, peaceful and sustainable world.

## The Caux Palace

The Caux IDG Forum takes place in our centre for dialogue and peacebuilding - the **Caux Palace**, a former Belle Époque Grand Hotel nestled in the mountains 1000m above sea level. With its breathtaking view over the Léman and the Alps, it provides a unique and inspiring setting.

Follow us: [Caux\\_idg](#)



[www.cauxforum.ch](http://www.cauxforum.ch)



Initiatives  
of Change