



Sign up for Community Groups!

The community groups during the Caux Democracy Forum are an essential element to help create a sense of unity and "Let's do this together!".

You will meet up 3 times during the forum for approx 1h15 minutes (on the 16/17/18 July at 11:00am - 12:15pm) between the plenary sessions and lunch.

Community groups consist of approx. 15 diverse participants from all walks of life. They offer a unique opportunity to discuss and share thoughts around the plenary themes, bounce ideas off one another, listen to others' experiences, and in turn they learn from each other. Through these small groups, you will be able to experience the conference at a deeper level where everybody meets eye-to-eye. They are very often a time for deep and enriching conversations where new friendships begin.

The community group leader

Each group has a community group leader to facilitate the conversations and encounters made during these moments. They ensure the community groups are a safe space where everybody has the chance to speak if they wish to.

The 7 ground rules for community groups

1. **Confidentiality** – This is a safe space!
2. Foster an environment of **non-judgment and acceptance**.
3. Provide feedback in a **respectful** and constructive manner.
4. Participation in storytelling activities is **voluntary**
5. **Show respect for** cultural, religious and personal **differences**:
6. **Refrain from interrupting** or speaking over others.
7. Remember your **well-being** is important, and assistance is available if you need it.